

We wish to make your visit with us as smooth as possible. We have assembled travel information that may be useful during your trip to our clinic location. You are under no obligation to utilize any of the listed facilities nor are they recommendations made by us. The information presented is merely intended to assist you with making arrangements. Please email us if you have any suggestions about this list.

LOCATION OF CLINICAL OFFICE:

Directions:

From Atlanta Airport by subway & rideshare/taxi:

You can take public transportation subway (Marta) and then a rideshare/taxi to our office. Take Marta directly from the airport to the North Springs station – make sure to take the correct train. Typically, there are taxi's waiting at the exit of the North Springs station and you are about 10 -15 minutes from our office. There is no taxi stand at our building, so please take the taxi's phone number to pick you up after your appointment or use a rideshare.

From Atlanta Airport (60 mins) or 285 & GA 400 heading north (15 mins)

Take I-85 north through downtown Atlanta. Take Georgia 400 north to exit 7A – Holcomb Bridge Rd heading to Norcross. Turn right (east) on Holcomb Bridge Rd. Turn left at the 2nd traffic light onto Old Alabama Rd. After the 2nd traffic light turn at the very first right into Old Alabama Commons office park. Make your first right and our office is in the 1st building on the right and the 2nd office from the right.

From GA-400, heading south:

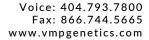
Take Georgia-400 south to Exit 7 – Holcomb Bridge Rd heading to Norcross. Turn left (east) onto Holcomb Bridge Rd. Turn left at the 3^{rd} traffic light onto Old Alabama Rd. After the 2^{nd} traffic light turn at the very first right into Old Alabama Commons office park. Make your first right and our office is in the 1^{st} building on the right and the 2^{nd} office from the right.

From Greenville, SC: 2 hrs, 15 minutes

Take I-85 south until 285 west (the perimeter that circles Atlanta). Do not go through downtown Atlanta or you have gone too far. Take 285 heading west to Georgia 400 north. Take Georgia 400 north to exit 7A – Holcomb Bridge Rd heading to Norcross. Turn right (east) on Holcomb Bridge Rd. Turn left at the 2nd traffic light onto Old Alabama Rd. After the 2nd traffic light turn at the very first right into Old Alabama Commons office park. Make your first right and our office is in the 1st building on the right and the 2nd office from the right.

From Chattanooga, TN: 1 hr, 55 minutes

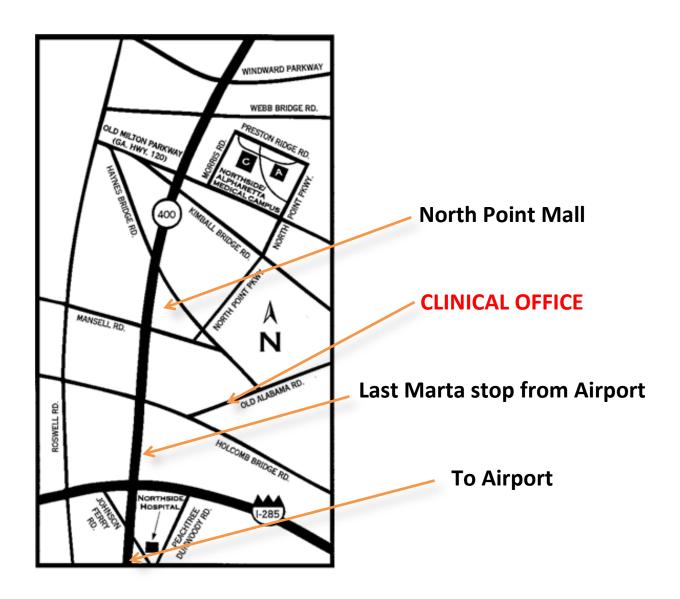
Take I-75 south until 285 east (the perimeter that circles Atlanta). Do not go through downtown Atlanta or you have gone too far. Take 285 heading east to Georgia 400 north. Take Georgia 400 north to exit 7A – Holcomb Bridge Rd heading to Norcross. Turn right (east) on Holcomb Bridge Rd. Turn left at the 2nd traffic light onto Old Alabama Rd. After the 2nd traffic light turn at the very first right into Old Alabama Commons office park. Make your first right and our office is in the 1st building on the right and the 2nd office from the right.





This Map is NOT to Scale

VMP Clinical Office





www.citypass.com/atlanta

FUN AND OFF THE WALL THINGS

Local Info - www.atlanta.net, www.accessatlanta.com, www.atlanta.creativeloafing.com

Big Creek Park – bike/walking trail 1 min from clinic www.roswellgov.com

Centennial Olympic Park Downtown Atlanta www.centennialpark.com

Atlanta Botanical Garden Downtown Atlanta www.atlantabg.org

World-class Gibbs Garden rural GA, 40 mins www.gibbsgardens.com

Atlanta History Center 20 mins South of Clinic www.atlantahistorycenter.com

Admission to 5 Attractions

CNN Studio Tour in Atlanta Centennial Park www.cnn.com/tour/atlanta
Georgia Aquarium Centennial Park www.georgiaaquarium.org

Atlanta Zoo Tad South of Downtown www.zooatlanta.org

World of Coca-Cola Centennial Park www.worldofcoca-cola.com

College Football Hall of Fame Centennial Park www.cfbhall.com

Fernbank Museum east of Downtown www.fernbankmuseum.org
Center for Civil and Human Rights Centennial Park www.civilandhumanrights.org

Center of Puppetry Arts Just North of Downtown www.puppet.org

Imagine It Children's Museum Centennial Park www.childrensmuseumatlanta.org

American Girl – North Point Mall 10 mins North of Clinic www.americangirl.com

Legoland – Phipps Plaza 15 mins South of Clinic www.legolanddiscoverycenter.com/atlanta

Jimmy Carter Presidential Library

Sky Zone Indoor Trampoline Park

5 mins South of Clinic

Stone Mountain Park

1 hr west/north

www.skyzone.com/roswell

www.stonemountainpark.com

Historic Homes of Roswell 10 mins west of Clinic www.southerntrilogy.com

Tellus Science Museum 1+ hr away www.tellusmuseum.org

North Point Mall – closest 5 mins North of Clinic www.northpointmall.com/directory

Premium Outlet Mall – real outlets 40 mins north of Clinic www.premiumoutlets.com

Lenox Square Mall – largest in SE 20 mins South of Clinic www.buckhead.net/lenoxsquare

Phipps Plaza – high end shopping 20 mins South of Clinic www.simon.com/mall/phipps-plaza

Chamblee Antique Row – antique shopping 30 mins South of Clinic www.antiquerow.com

Georgia Antique Trail Some just mins away www.antiquetrail.com

Richard B Russell Scenic Mt Drive 1 hr north of Clinic n-georgia.com/russell-brasstown-scenic-tour.htm

Atlantic Ocean, Tybee Island, Savannah, GA About 4.5 hrs Gulf of Mexico Beaches, Panhandle of FL About 6 hrs



RESTAURANTS & FOOD STORE

There are many food choices close to the clinic & in the area. The Yelp.com website has many suggestions.

Publix	Food Store & Deli	2 mins South	www.publix.com
Gyro City Grill	Authentic Greek Food	2 mins South	www.gyrocitygrillroswell.com
From the Earth Brewing	Gastropub & Brewery	2 mins South	www.ftebrewing.com
McAlister's Deli	Deli Food	2 mins South	www.mcalistersdeli.com
Five Guys	Burgers and Fries	10 mins North	www.fiveguys.com
Village Burger	Reg&Turkey Burger, Fries	5 mins North	www.villageburger.com
Taqueria Tsunami	East meets West	2 mins south	www.taqueriatsunami.com
Zaxby's	Chicken	2 mins south	www.zaxbys.com
Altobeli's w Piano Bar	Italian	5 mins North	www.altobelis.com
Flying Biscuit	Breakfast/lunch	5 mins West	www.flyingbiscuit.com
Zoes Kitchen	Healthy Mediterranean	10 mins North	www.zoeskitchen.com
Varsity	Hot Dogs	Airport & other	www.thevarsity.com
Olive Garden	Italian	5 mins West	www.olivegarden.com
Antico Pizza	True Italian Pizza	15 min North	www. centrostorico.it
Circle Noodle	Japanese Noodles	2 mins South	
JP Sushi	Sushi	2 mins South	www.jpsushi.com
Little Alley Steak	High End Aged Steaks	10 mins West	little all eysteak. fh food trading group. com
Kale Me Crazy	Salad & Juice Bar	2 mins South	www.kalemecrazy.net



AREA ACCOMMODATIONS — ASK FOR MEDICAL ROOM RATES

Homewood Suites by Hilton homewoodsuites3.hilton.com Kitchen in all rooms Multiple locations

Best Western Plus www.bestwestern.com Multiple locations

La Quinta Inn & Suites www.wyndhamhotels.com/laquinta Multiple locations

Aloft Alpharetta www.marriott.com

Holiday Inn Atlanta/Roswell www.ihg.com/holidayinn

Staybridge Suites www.ihg.com/staybridge Kitchen in all rooms

Atlanta Hospital Hospitality House 1815 Ponce de Leon Ave., NE Atlanta, GA 30307 Phone: 404-377-6333 Fax: 404-377-0668 www.atlhhh.org 23 miles away – no public transportation. They require forms and reservations Comfort Inn & Comfort Suites www.choicehotels.com Multiple locations

DoubleTree by Hilton Hotel www.doubletree3.hilton.com Multiple locations

Economy Hotel Roswell stablegoldhospitalityga.com

Residence Inn – special American Girl packages www.marriott.com

Extended Stay America Atlanta - Alpharetta www.extendedstayamerica.com

Extended Stay America Atlanta - Alpharetta www.extendedstayamerica.com



AIRLINE INFORMATION

Hartsfield-Jackson Airport is a major hub domestically as well as internationally making it the busiest airport in the world. If you fatigue easily, please request wheelchair service even if you walk well as it can be demanding. Delta has a hub and most major airlines have flights in/out of Atlanta. The airport is roughly 60 +/- minutes south by car and more by subway/cab. There is a subway stop in the airport and numerous car rentals or shuttles.

Help Mito Kids assists with travel costs – www.helpmitokids.org – please considering donating if you can.

Major Domestic Airlines:

Alaska Airlines www.alaskaair.com

American Airlines www.aa.com **Delta Airlines** www.delta.com Frontier Airlines www.flyfrontier.com Jet Blue www.jetblue.com Southwest Airlines www.southwest.com Spirit Airlines www.spirit.com **United Airlines** www.united.com

Charitable Flight's – please check with each as many focus on one area but can serve a larger area:

	Air Care Alliance	800-296-1217	www.aircareall.org – natl service to find services in your area
	Angel Flight	918.749.8992	www.angelflight.com
	Angel Flight of Georgia	877-4 AN ANGEL	www.angelflightsoars.org – for GA, AL, TN, NC, SC
	Angel Flight Southeast	800-352-4256	www.angelflightse.org - FL
	Angel Flight East	800-383-9464	www.angelflighteast.org – eastern US
	Angel Flight Mid-Atlantic	800-296-3797	www.angelflightmidatlantic.org – DC, VA, WV, DE, KY, MI,
			OH, PA, MD
	Angel Flight Northeast	978-794-6868	www.angelflightne.org – CT, ME, MA, NH, NJ, NY, PA, RI, VT
	Angel Flight Central	816-421-2300	www.angelflightcentral.org
	Angel Flight South Central	800-989-2602	www.angelflightsc.org – TX, OK, LA, AR, NM
	Air Charity Network	877-621-7177	www.aircharitynetwork.org – All 50 states
American Airlines Miles for Kids 817-963-8118		ls 817-963-8118	www.aa.com/milesforkids - need 21 day notice
	Hope Air	877-346-4673	www.hopeair.org - For Canadians
	Lifeline pilots	309-697-6865	www.lifelinepilots.org
	Mercy Medical Airlift	800-296-1217	www.mercymedical.org
	Miles For Kids In Need	800-421-0600	American Airlines
	Miracle Flight for Kids	800-359-1711	www.miracleflights.org – need 15 day notice
	National Patient Travel Center	800-296-1217	www.patienttravel.org
	National Ticket Help	800-325-8908	
	Operation Lift Off	888-354-5757	www.operationliftoff.com – need 7 – 10 day notice
	Pilots for Christ Intl	703-791-0448	www.pilotsforchrist.org
	Volunteer Pilots Assoc	412-221-1374	www.volunteerpilots.org